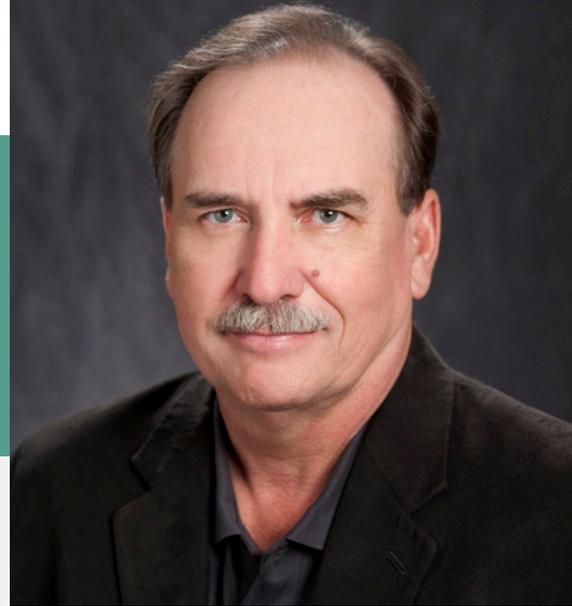


DEPRESSIVE DISORDERS: DIFFERENTIAL DIAGNOSIS AND TREATMENT MATCHING

A Workshop with Gary G. Gintner, Ph.D., LPC-S



A WORKSHOP FOR MENTAL HEALTH PROFESSIONALS

Depressive disorders are among the most common disorders that counselors treat. This program reviews DSM-5-TR's chapter on depressive disorders which includes major depressive disorder, disruptive mood dysregulation disorder, persistent depressive disorder, and premenstrual dysphoric disorder. For each, diagnostic criteria, differential diagnosis, and treatment considerations are discussed. Guidelines are provided to differentiate depressive disorders from medical conditions, substance use and other disorders like bipolar disorder. Special attention is paid to diagnostic and treatment issues with children, adolescents, adults and those with treatment resistant depression. Case examples are provided to illustrate diagnostic and treatment planning issues.

LIVE, INTERACTIVE ONLINE TRAINING-ZOOM
 REGISTER: laceyamoscounseling.com/workshops

**FRIDAY
 MARCH 13, 2026**

**3 NBCC/ABSWE HOURS
 9:00AM-12:15PM**

\$75.00 Early Registration Rate
 \$90.00 after February 27, 2026
 Register by 3/12/26 @ 10:00 a.m.

WORKSHOP OBJECTIVES

- Be able to code each of the depressive disorders in DSM-5-TR.
- Be able to state the recommended treatments for each of the depressive disorders.
- Be able to state diagnostic and treatment considerations for children and adolescents.
- Be able to state treatment options for complicated and treatment resistant depression.

DR. GARY G. GINTNER

Gary G. Gintner, Ph.D., LPC-S is a retired professor and former program coordinator of the Counseling Program at Louisiana State University. He has published numerous articles on topics such as DSM, differential diagnosis, mood disorders, substance abuse and best practices for the treatment of psychiatric and substance use disorders. He is a nationally recognized trainer on the DSM and best practice guidelines. His forty years of clinical experience includes inpatient care, substance abuse counseling, and outpatient mental health. He is a Fellow of the American Counseling Association and former President of the American Mental Health Counselors Association (AMHCA).



**PROGRAM PROVIDER:
 LACEY AMOS, ED.S., LPC-S**

Lacey Amos, M.A., Ed.S. is a Licensed Professional Counselor-Supervisor and the owner of Lacey Amos Counseling. She holds a B.A. in Journalism and Mass Communication from Samford University and began a career in mental health in 2006 after graduating from Louisiana State University. Lacey began administrating training programs in 2019 and enjoys offering quality programs to the mental health community.



FOR MORE INFORMATION PLEASE CONTACT LACEY AMOS COUNSELING:

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Lacey Amos Counseling has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7549. Programs that do not qualify for NBCC credit are clearly identified. Lacey Amos Counseling is solely responsible for all aspects of the programs. Lacey Amos Counseling has been approved by the Alabama State Board of Social Work Examiners as an Approved CE Provider, Provider No.0806.(Partial credit is not available for this event). This workshop is pending LCA approval.