

The Strongest Ties: The Bonds of Attachment in Parenting, Partnership & Therapy

A Workshop with Michelle Pruett, LPC

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A WORKSHOP FOR MENTAL
HEALTH PROFESSIONALS

Register Early and
Save!

Live, interactive online training-Zoom

6 NBCC Approved Hours*

9:00 a.m.-4:00 p.m.

\$90 Early Registration Rate

\$115 After Early Bird Date

In "The Strongest Ties: The Bonds of Attachment in Parenting, Partnership, and Therapy," participants will learn about attachment theory's origins and application. We will explore each attachment style including thorough descriptions of each type, characteristics of each type in individuals and in relationships, and examples of attachment types and patterns. Special attention will be given to the impact of attachment on relationships: romantic, familial, and therapeutic.

"This training helped me to identify in my personal life reasons for problems in my relationships and how to better communicate." -Program Participant



Michelle Pruett is a licensed professional counselor (LPC) and the owner of Pruett Counseling and Consulting, LLC in Mountain Brook, Alabama. Ms. Pruett has more than 18 years' experience providing Crisis Intervention and Child, Family, and Couples therapy. Combined, these experiences evolved into her current work with trauma survivors of all ages. Specialized trainings she has completed include: Trust Based Relational Intervention (TBRI), Eye Movement Desensitization and Reprocessing (EMDR) and Dyadic Developmental Psychotherapy (DDP).

Workshop Objectives:

- Participants will learn about the history of attachment theory, including key figures and key research.
- Participants will understand the types of attachment as well as characteristics associated with each attachment style in adults and children.
- Participants will learn about attachment-related DSM diagnoses.
- Participants will be able to identify how people with different attachment styles interact with friends, family, romantic partners, and within the therapeutic setting.

FOR MORE INFORMATION:

Lacey Amos • (205) 440-3686 • laceyamoscounseling.com/workshops OR REGISTER ONLINE AT PRUETTCOUNSELING.COM/TRAINING
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Online Registration Only~ Personal Checks Not Accepted ~Full Credit Only (Partial Credit Not Available)

