

PERSONALITY SPECTRUMS: ASSESSMENT AND TREATMENT CONSIDERATIONS

A Workshop with Gary G. Gintner, Ph.D., LPC-S



A WORKSHOP FOR MENTAL HEALTH PROFESSIONALS

There is growing evidence that personality mechanisms lie underneath major classes of psychiatric disorders. The new look in evidence-based practice is to target these personality spectrums rather than specific disorders. DSM's Alternative Model of Personality Disorders provides a feasible way of assessing both general personality functioning and specific personality trait spectrums. Five major trait spectrums are discussed: negative affectivity, detachment, antagonism, disinhibition and psychoticism. Treatment recommendations are provided for each of these spectrums with regards to treatment targets, therapeutic challenges, and effective interventions. Case examples are used throughout to illustrate how assessment measures and treatment interventions can be implemented in everyday practice.

LIVE, INTERACTIVE ONLINE TRAINING-ZOOM
REGISTER: laceyamoscounseling.com/workshops

**FRIDAY
JULY 17, 2026**

**3 NBCC/ABSWE HOURS
9:00AM-12:15PM**

\$75.00 Early Registration Rate
\$90.00 after July 3, 2026
Register by 7/16/26 @ 10:00 a.m.

WORKSHOP OBJECTIVES

- 1) Participants will be able to list the five personality trait spectrums.
- 2) For each, participants will be able to state at least two features and two related DSM disorders.
- 3) Participants will be able to state at least three interventions for each of the five spectrums discussed.

DR. GARY G. GINTNER

Gary G. Gintner, Ph.D., LPC-S is a retired professor and former program coordinator of the Counseling Program at Louisiana State University. He has published numerous articles on topics such as DSM, differential diagnosis, mood disorders, substance abuse and best practices for the treatment of psychiatric and substance use disorders. He is a nationally recognized trainer on the DSM and best practice guidelines. His forty years of clinical experience includes inpatient care, substance abuse counseling, and outpatient mental health. He is a Fellow of the American Counseling Association and former President of the American Mental Health Counselors Association (AMHCA).



**PROGRAM PROVIDER:
LACEY AMOS, ED.S., LPC-S**

Lacey Amos, M.A., Ed.S. is a Licensed Professional Counselor-Supervisor and the owner of Lacey Amos Counseling. She holds a B.A. in Journalism and Mass Communication from Samford University and began a career in mental health in 2006 after graduating from Louisiana State University. Lacey began administrating training programs in 2019 and enjoys offering quality programs to the mental health community.



FOR MORE INFORMATION PLEASE CONTACT LACEY AMOS COUNSELING:

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Lacey Amos Counseling has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7549. Programs that do not qualify for NBCC credit are clearly identified. Lacey Amos Counseling is solely responsible for all aspects of the programs. Lacey Amos Counseling has been approved by the Alabama State Board of Social Work Examiners as an Approved CE Provider, Provider No.0806.(Partial credit is not available for this event). This workshop has been approved 3.0 CE clock hours in Diagnosis by the Louisiana Counseling Association as authorized by the Louisiana Mental Health Law (R.S.37:1101-1123).