

AUTISM SPECTRUM DISORDERS: A DEEP DIVE INTO UNDERSTANDING THE DIAGNOSIS AND TREATMENT OF ASD

A Workshop with Mary-Kate Carey, PhD, BCBA-D, LBA



A WORKSHOP FOR MENTAL HEALTH PROFESSIONALS

According to the CDC, one in 36 (2.8%) of 8-year-old children have been identified with an autism spectrum disorder (2023). Autism spectrum disorders are complex, developmental conditions involving persistent challenges with social communication, restricted interests, and repetitive behavior. Given the complexity of autism and the impacts the disorder can have on multiple areas of development, it makes sense that treatment be multi-disciplinary. However, many professionals across mental health professions do not have specific training in autism. The fields with the most in-depth training are behavior analysis and psychology. However, other professionals such as mental health counselors and social workers would also benefit from in-depth training on detecting red flags for the disorder and providing evidenced-based care given the likelihood that they will encounter clients affected by autism. This training will provide a deeper understanding of autism spectrum disorders in terms of symptom manifestation and changes across the lifespan of the individual. It will overview evidenced-based therapies for autism and provide guidance to counselors on how to interact and support families affected by autism.

**FRIDAY
JUNE 21, 2024**

**3 NBCC HOURS*
9:30AM-1:00PM**

**\$90 Early Registration Rate
\$115 after June 7, 2024**

**HOMWOOD PUBLIC LIBRARY LARGE AUDITORIUM
1721 OXMOOR RD., BIRMINGHAM, AL 35209 (VIRTUAL OPTION
AVAILABLE-ZOOM)**

REGISTER: laceyamoscounseling.com/workshops

WORKSHOP OBJECTIVES

- Identify and describe core symptoms and features of autism spectrum disorders as defined in the DSM-V-TR. Additionally, identify common co-morbid diagnoses often occurring in individuals diagnosed with ASD.
- Describe and dispel common myths of people diagnosed with autism
- Describe at least one evidenced-based practice for treating autism.
- Describe how communication deficits in people with autism may instigate problem behaviors.

MARY-KATE CAREY

Mary-Kate Carey, PhD, BCBA-D, LBA has been a licensed behavior analyst for 10 years and has worked in the field of autism for 14 years. She has worked with children with autism of a variety of ages and functioning levels including boys aged 10-14 in a residential setting, young learners aged 3-8 in a clinic setting, and with newly diagnosed children aged 1.5-3 in the home setting. Mary-Kate is the ABA Research and Training Advisor at Glenwood in Birmingham, AL. She currently oversees the development and implementation of behavior analytic research projects as well as provides ongoing staff training to behavior analysts and registered behavior technicians. Outside of her role at Glenwood, Mary-Kate is the President of the Alabama Association for Behavior Analysts and an adjunct professor at the University of Alabama – Huntsville.



**PROGRAM PROVIDER:
LACEY AMOS, M.A., ED.S.**

Lacey Amos, M.A., Ed.S. is a Licensed Professional Counselor-Supervisor and the owner of Lacey Amos Counseling. She holds a B.A. in Journalism and Mass Communication from Samford University and began a career in mental health in 2006 after graduating from Louisiana State University. Lacey began administrating training programs in 2019 and enjoys offering quality programs to the mental health community.

FOR MORE INFORMATION PLEASE CONTACT LACEY AMOS COUNSELING:

(205)440-3686 • 732 Montgomery Hwy. PMB 217 Vestavia Hills, AL 35216 • laceyamoscounseling.com

"Autism Spectrum Disorders: A Deep Dive into Understanding the Diagnosis and Treatment of ASD has been approved by NBCC for NBCC credit. Lacey Amos Counseling is solely responsible for all aspects of the program. NBCC Approval No. SP-4426.

Online Registration Only~ Personal Checks Not Accepted ~Full Credit Only (Partial Credit Not Available)